

## HEALTH AND WELLNESS

### ST. JOHN'S MERCY HOSPITAL

901 East 5th St.  
Washington, MO 63090  
636-239-8667  
Fax 636-569-6733  
<http://www.stjohnsmercy.org/>

### MCCAULEY PEDIATRIC AND WOMEN'S CLINIC

**851 East 5th St., Ste.**  
Washington, MO 63090  
Children's Health 636-239-8585  
Women's Health 636-239-8656  
Fax 636-239-8553

**Description:** Clinic for Pediatrics, Women's Services, Adult Medicine. Accepts Medicaid, HCUSA, Mercy MC+, Sliding Fee Scale

**Hours of Operation:** Monday – Friday 8:00am-4:00pm

**Population Served:** Underserved; Medicaid Eligible

### MERCY DENTAL CLINIC

St. John's Mercy Hospital  
851 East 5th St., Ste.  
Washington, MO 63090  
636 239-8397

Call and leave a message. It may take months before they call you, but they eventually do.  
Funded by The United Way

### BARNES-JEWISH ST. PETERS HOSPITAL

10 Hospital Drive, St. Peters, MO 63376

Contact: Karen Prideau..... 636-916-9652

Phone ..... 636-916-9000

Fax..... 636-916-9127

Website..... <http://www.bjsph.org/>

### ST. LOUIS CHILDREN'S HOSPITAL

One Children's Plaza  
St. Louis, MO 63130  
314 454-6000

### CARDINAL GLENNON CHILDREN'S HOSPITAL

1465 S. Grand Blvd.  
St. Louis, MO 63104  
314 577-5666

### SHRINER'S CHILDREN'S HOSPITAL

2001 S. Lindbergh Blvd.  
St. Louis, MO 63131  
314 432-3600

## **FRANKLIN COUNTY DEPARTMENT OF HEALTH**

15 South Oak Street

Union, MO 63084

636-583-7300 Fax 636-583-7305

fhealth@yhti.net

<http://www.franklinmo.org>

Protect and improve the general health of all residents of Franklin County.

**Hours of Operation:** Monday - Friday 8:00am - 4:30pm Closed on major holidays and weekends.

**Population Served:** All residents of Franklin and surrounding counties

All medical and WIC services are provided through appointments ONLY. Nominal fees are due at the time services are provided (for those services that require payment of a fee).

## **ST. CHARLES COUNTY DEPARTMENTS OF COMMUNITY HEALTH AND THE ENVIRONMENT**

1650 Boonslick Road, St. Charles, MO 63301

636-949-7400

<http://www.scchealth.org/>

### ***WIC (Women, Infants, Children)***

\*Offers a federal and state nutrition program for pregnant or breast-feeding women and for infants and children under the age of five.

### ***Immunizations***

\*Immunizations: Required immunizations are provided at no cost to St. Charles County children

## **WARREN COUNTY COUNTY HEALTH DEPARTMENT**

104 W. Booneslick, Suite H,

Warrenton, MO 63383

Car Seat Safety, Immunizations, Birth Certificates

## **MO HEALTHNET FOR KIDS**

Children receive comprehensive coverage including primary, acute and preventative hospital care, dental and vision care as well as prescription coverage.

888 275-5908

[www.dss.mo.gov/mhk/index.htm](http://www.dss.mo.gov/mhk/index.htm)

Part of Family Support Division of The Department of Social Services

## **CRIDER HEALTH CENTER**

Pediatric Health Care

Behavioral Health Care

Dental Health Care

To build resilience and promote health through community partnerships. Lots of helpful services.

Franklin County—Union, MO

1780 Old Highway 50 East

Union, MO 63084

Medical: 636 584-0859

Dental: 636 583-2251

Behavioral: 636 332-6000

St. Charles County--Wentzville:

1032 Crosswinds Court

Wentzville, MO 63385

636 332-6000

Warren County--Warrenton:

1428 N. Hwy 47, Suite B

Warrenton, MO 63383

636 456-1500

**MO DENTAL**

Full listing for dental care services for low income and hardship families.

Franklin, St. Charles and Warren County are served by Crider Center. (see above) For other locations in Missouri, go to:

[www.modental.org](http://www.modental.org)

800-688-1907

**OPTIMA INSTITUTE (Dental)**

Dental Institute with services for low income families. Cash only, but reduced as much as 90%

888 776-5309

Michael Edwards

[www.optimainstitute.org](http://www.optimainstitute.org)

**INFANTSEE**

Provides eye and vision health for infants 6 to 12 months of age.

888 396-EYES (3937)

[www.infantsee.org](http://www.infantsee.org)

**LIONS CLUB (Amazing Eye Support)**

Franklin County: 314 645-3500

St. Charles & Warren County: 314 205-1980

**NORTHEAST COMMUNITY ACTION CORPORATION NECAC**

120 E. Main

Warrenton, MO

636 456-2933

WIC, Family Planning Clinic, In Home Services, Home Chore Aids for Disabled, Section Eight Housing Rental Assistance, Energy Assistance—bill paying, Weatherization. Based on income requirements.

**FOUR RIVERS BRANCH - YMCA of Greater St. Louis**

400 Grand Avenue

Washington, MO 63090

636-239-5704

[fourrivers@ymcastlouis.org](mailto:fourrivers@ymcastlouis.org)

<http://www.ymcastlouis.org/fourrivers>

**Description:** Health and fitness, aquatics, camping, family, childcare, world, sports, teen programs.

**Hours of Operation:** Monday - Friday, 5:30am - 10:00pm; Saturday, 8:00am - 6:00pm; Sunday, 12:00pm – 5:00pm

**U.S. CONSUMER AND PRODUCT SAFETY COMMISSION**

4330 East West Highway

Bethesda, MD 20814

301-504-7923

Toll Free 800-638-2772

Fax 301-504-0124 & 301-504-0025

[info@cpsc.gov](mailto:info@cpsc.gov)

<http://www.cpsc.gov/>

**Description:** Call 24/7 to obtain product safety and other agency information and to report unsafe products.

**ST. LOUIS DIETIC ASSOCIATION**

St Louis University- Dept of Nutrition and Dietetics  
3437 Caroline, Rm 3076  
St. Louis, MO 63104  
314-977-8664  
[www.slda.org](http://www.slda.org)

Your link to finding nutrition and food service professionals in the St. Louis metropolitan area. Our members serve the entire metropolitan St. Louis community, both the Missouri and the Illinois sides.

**WOMEN AND SLEEP**

National Sleep Foundation  
[www.sleepfoundation.org](http://www.sleepfoundation.org)

**GATEWAY EDUCATION AND THERAPY**

1281 n. Hwy 47 Union, MO 63084  
636 583-0788  
[www.gatewayeducationandtherapy.org](http://www.gatewayeducationandtherapy.org)

Non-Profit organization which provides therapy and classes for children with developmental disabilities.