HEALTH AND WELLNESS

ST. JOHN'S MERCY HOSPITAL 901 East 5th St. Washington, MO 63090 636-239-8667 Fax 636-569-6733 http://www.stjohnsmercy.org/

MCCAULEY PEDIATRIC AND WOMEN'S CLINIC 851 East 5th St., Ste. Washington, MO 63090 Children's Health 636-239-8585 Women's Health 636-239-8656 Fax 636-239-8553 Description: Clinic for Pediatrics, Women's Services, Adult Medicine. Accepts Medicaid, HCUSA, Mercy MC+, Sliding Fee Scale Hours of Operation: Monday – Friday 8:00am-4:00pm Population Served: Underserved; Medicaid Eligible

MERCY DENTAL CLINIC St. John's Mercy Hospital 851 East 5th St., Ste. Washington, MO 63090 636 239-8397 Call and leave a message. It may take months before they call you, but they eventually do. Funded by The United Way

BARNES-JEWISH ST. PETERS HOSPITAL 10 Hospital Drive, St. Peters, MO 63376

Contact: Karen Prideau 636-916-9652

Phone 636-916-9000 Fax 636-916-9127 http://www.bjsph.org/

ST. LOUIS CHILDREN'S HOSPITAL

One Children's Plaza St. Louis, MO 63130 314 454-6000

CARDINAL GLENNON CHILDREN'S HOSPITAL

1465 S. Grand Blvd. St. Louis, MO 63104 314 577-5666

SHRINER'S CHILDREN'S HOSPITAL

2001 S. Lindbergh Blvd. St. Louis, MO 63131 314 432-3600

FRANKLIN COUNTY DEPARTMENT OF HEALTH

15 South Oak Street Union, MO 63084 636-583-7300 Fax 636-583-7305 fchealth@yhti.net

http://www.franklinmo.org

Protect and improve the general health of all residents of Franklin County. Hours of Operation: Monday - Friday 8:00am - 4:30pm Closed on major holidays and weekends.

Population Served: All residents of Franklin and surrounding counties All medical and WIC services are provided through appointments ONLY.

Nominal fees are due at the time services are provided (for those services that require payment of a fee).

ST. CHARLES COUNTY DEPARTMENTS OF COMMUNITY HEALTH AND THE ENVIRONMENT

1650 Boonslick Road, St. Charles, MO 63301 636-949-7400

http://www.scchealth.org/

WIC (Women, Infants, Children)

*Offers a federal and state nutrition program for pregnant or breast-feeding women and for infants and children under the age of five.

Immunizations

*Immunizations: Required immunizations are provided at no cost to St. Charles County children

WARREN COUNTY COUNTY HEALTH DEPARTMENT

104 W. Booneslick, Suite H, Warrenton, MO 63383 Car Seat Safety, Immunizations, Birth Certificates

MO HEALTHNET FOR KIDS

Children receive comprehensive coverage including primary, acute and preventative hospital care, dental and vision care as well as prescription coverage.

888 275-5908

www.dss.mo.gov/mhk/index.htm

Part of Family Support Division of The Department of Social Services

CRIDER HEALTH CENTER

Pediatric Health Care Behavioral Health Care Dental Health Care

To build resilience and promote health through community partnerships. Lots of helpful services.

Franklin County

Union, MO 1780 Old Highway 50 East Union, MO 63084

Medical: 636 584-0859 Dental: 636 583-2251 Behavioral: 636 332-6000

St. Charles County

Wentzville: 1032 Crosswinds Court Wentzville, MO 63385

636 332-6000

Warren County

Warrenton: 1428 N. Hwy 47, Suite B Waarrenton, MO 63383

636 456-1500

MO DENTAL

Full listing for dental care services for low income and hardship families. Franklin, St. Charles and Warren County are served by Crider Center. (see above)

For other locations in Missouri, go to: www.modental.org

800-688-1907

OPTIMA INSTITUTE (Dental)

Dental Institute with services for low income families. Cash only, but reduced as much as 90% 888 776-5309

Michael Edwards

www.optimainstitute.org

INFANTSEE

Provides eye and vision health for infants 6 to 12 months of age. 888 396-EYES (3937)

www.infantsee.org

LIONS CLUB (Amazing Eye Support)

Franklin County: 314 645-3500

St. Charles & Warren County: 314 205-1980

NORTHEAST COMMUNITY ACTION CORPORATION NECAC

120 E. Main Warrenton, MO

636 456-2933

WIC, Family Planning Clinic, In Home Services, Home Chore Aids for Disabled, Section Eight Housing Rental Assistance, Energy Assistance—bill paying, Weatherization. Based on income requirements.

FOUR RIVERS BRANCH - YMCA of Greater St. Louis

400 Grand Avenue Washington, MO 63090

636-239-5704

fourrivers@ymcastlouis.org

http://www.ymcastlouis.org/fourrivers

Description: Health and fitness, aquatics, camping, family, childcare, world, sports, teen programs.

Hours of Operation: Monday - Friday, 5:30am - 10:00pm; Saturday, 8:00am - 6:00pm; Sunday, 12:00pm - 5:00pm

U.S. CONSUMER AND PRODUCT SAFETY COMMISION

4330 East West Highway Bethesda, MD 20814

301-504-7923

Toll Free 800-638-2772

Fax 301-504-0124 & 301-504-0025 info@cpsc.gov http://www.cpsc.gov/

Description: Call 24/7 to obtain product safety and other agency information and to report unsafe products.

ST. LOUIS DIETETIC ASSOCIATION

St Louis University- Dept of Nutrition and Dietetics 3437 Caroline, Rm 3076 St. Louis, MO 63104 314-977-8664

www.slda.org

Your link to finding nutrition and foodservice professionals in the St. Louis metropolitan area. Our members serve the entire metropolitan St. Louis community, both the Missouri and the Illinois sides.

WOMEN AND SLEEP

National Sleep Foundation www.sleepfoundation.org

GATEWAY EDUCATION AND THERAPY

1281 n. Hwy 47 Union, MO 63084 636 583-0788

www.gatewayeducationandtherapy.org

Non-Profit organization which provides therapy and classes for children with developmental disabilities.