

PREGNANCY & INFANT SUPPORT

COUNTY HEALTH DEPARTMENTS

Protects and improves the general health of all residents of Franklin County by providing childhood immunizations, WIC and nutritional counseling.

Franklin County Department of Health

15 S. Oak St. Union, MO 63804

636-583-7300

Fax: 636-583-7305

Website: www.franklinmo.org

St.Charles County Department of Health

1650 Boonslick Road, St. Charles, MO 63301

636-949-7400

Fax 636-949-7403

<http://www.scchealth.org/>

Warren County Department of Health

104 W. Boonslick, Suite H Warrenton, MO 63383

636-456-7474

Fax: 636-456-4966

MCCAULEY CLINIC

851 East 5th St., Ste. Washington, MO 63090

Children's Health 636-239-8585

Women's Health 636-239-8656

Fax 636-239-8553

Description: Clinic for Pediatrics, Women's Services, Adult Medicine. Accepts Medicaid, HCUSA, Mercy MC+, Sliding Fee Scale

Hours of Operation: Monday – Friday 8:00am-4:00pm

Population Served: Underserved; Medicaid Eligible

Driving Directions: In Washington, MO., at the intersection of Highway 47 and 5th Street. Across Highway 47 from St. John's Mercy Hospital, located in the Medical Office Building, which has its own parking lot between 3rd and 5th street west of Highway 47.

SUPER SIBS CLASS

St. John's Mercy Hospital in St. Louis 45 minutes long -- \$15.

314 961-2229

NURSES FOR NEWBORNS

9505 Gravois, Suite 200 St. Louis, MO 63123

314-544-5900

800-45-BIRTH

Description: Help for parents of infants, low income and everyone else who needs help.

PARENTS AS TEACHERS

www.parentsasteachers.org/

Parent Education for all families in Missouri.

Contact: Call your local elementary school for a PAT near you:

Londell – 636-629-7441

Pacific – 636-271-1464

New Haven – 573-237-2141

Franklin County R-II – 573-237-2414

St. Clair – 636-629-3500

Sullivan – 573-468-5546

Union – 636-5833152

Washington – 636-231-2820

MARCH OF DIMES - ST. LOUIS

888 MODIMES

www.modimes.org

Dedicated to improving the health of babies by preventing birth defects, premature birth and infant mortality through research, community services, education and advocacy.

ST. LOUIS ARC PREVENTION PROJECT

1816 Lackland Hill Pkwy. Suite 200 St. Louis, MO 63146

314-569-2211

www.slarc.org

A program operated by the St. Louis Arc, provides FREE public education on the lifelong implications of alcohol use during pregnancy. Prenatal alcohol exposure is a leading preventable cause of mental retardation in the United States. Our program travels to you. **Population Served:** Youth, adolescents, young adults, parents, health care providers, educators, social workers, counselors, disability service providers, criminal justice providers. Services are provided in Franklin, Jefferson, St. Charles, Lincoln, and St. Louis counties as well as St. Louis City, free of charge.

OUR LADIES INN

Defiance, MO 636

398-5375

A maternity emergency shelter for pregnant women 18 and over for up to a year. Anyone is welcome regardless of county residence.

MARY QUEEN OF ANGELS

827 Terra Lane O'Fallon, MO 63366

636 379-5070

Abortion alternatives

LA LECHE LEAGUE INTERNATIONAL

10 Wickford Court St. Charles, MO 63301
314-424-3900

www.LaLecheLeague.org

Nonprofit nonsectarian organization dedicated to providing education, information, support, & encouragement to women who want to breastfeed.

FAMILY PLANNING CLINIC OF FRANKLIN COUNTY

920L St. Clair Plaza Drive St. Clair, MO 63077
636-629-0300

Description: Affordable birth control for all women.

Hours of Operation: Monday-Friday 8:30am-4:30pm; evening hours available by appointment every Tuesday

ST. CHARLES FAMILY PLANNING CLINIC

1650 Boonslick Road, St. Charles, MO 63301
636-949-7400
800-822-4012, Ex. 4201

CENTER ON ADOLESCENT SEXUALITY, PREGNANCY AND PARENTING--CASPP

314 Gentry Hall, University of MO Columbia, MO 65211
573-882-4416

www.extension.missouri.edu/hdfs/caspp.htm

Provides educational programs and conducts applied research to better understand how to prevent and improve the negative effects of high risk sexual behaviors and early childbearing. Population Served: Professionals interested in research and training related to adolescent pregnancy and parenting

PROJECT REACH

Main Office University of MO - Columbia
1400 Rock Quarry Rd. Columbia, MO 65211-3280
573-884-6696

A resource for early care and education professionals.

PREGNANCY COUNSELING HOTLINE

Phone 800-550-4900

PREGNANCY ASSISTANCE CENTER

Provides lightly used and new toys, clothes, diapers and other necessities for parents in need. Childbirth classes and other services for pregnancy and for families with babies and toddlers. Fritzie Alferman 310 International Washington, MO 63090
Hours: 10 am until 2 pm Monday through Friday
636 239-1840

MIDWIFERY

The practice of midwifery in the state of Missouri is now legal for anyone who is certified by the ACNM or NARM. Certified Nurse Midwives (CNM), Certified Midwives (CM) as well as Certified Professional Midwives are legal to practice in Missouri.

Dana Albillo in the St. Louis area

Sagefemme73@yahoo.com

Circle Midwifery in Columbia, MO Brandy McDonald

541-778-8044

BIRTHRIGHT

Offers pregnancy testing, referral assistance and counseling to women who are or may be pregnant.

www.birthright.org

Franklin County:

Eureka Tri-County Birthright

636 938-4221

St. Charles County:

www.birthrightstcharles.org

636 724-1200

Warren County:

www.birthrightofwentzville.com

636 327-8170

CHILDBIRTH CLASSES

ST. JOHN'S MERCY HOSPITAL

These childbirth classes use the Lamaze method with help of the mother's choice of labor coaches. Mothers prepare for labor by learning a variety of relaxation techniques including breathing, massage, movement and comfortable positions. The class meets in Classroom A/B in Educational Services Suite #170 of the Mercy Doctors Building. St. John's offers a four-class session and a two-class session. Those who qualify for McCauley clinic also qualify for a substantial discount for childbirth classes.

For the current schedule, see the binder behind this chapter of the resource directory.

Connie Waters

636 239-8004

Educational Services St. John's Mercy Hospital 901 E. 5th St. Washington, MO

PREGNANCY ASSISTANCE CENTER

This childbirth class uses a combination of methods including Lamaze. The material is covered all in one morning. A nurse from St. John's Mercy Hospital teaches the class. The class is held from 8:30 until noon one day every month except December. Bring one or two people to be a coach.

For current schedule, call
Pregnancy Assistance Center
310 International Washington, MO 63090
636 239-1840

LUTHERAN FAMILY AND CHILDREN'S SERVICE OF MISSOURI

8631 Delmar Blvd., St. Louis, MO 63124-1990
314-787-5100
866-326-5327

<http://www.lfcsmo.org/>

St. Charles:

800-367-2543
2800 West Elm Street, St. Charles, MO 63301
636-949-5522

Franklin Country:

St. Paul Lutheran Church 208 West Springfield

Union

Assists with Domestic, International, Relative, and Independent Adoptions. Provides temporary and emergency foster care, and provides counseling to pregnant and parenting families, also child counseling. Provides disaster relief, mentoring to at-risk children, and advocacy.

CAR SEAT ASSISTANCE "Safe Kids Program"

Free car seats, (possible small fee) for all families., also car seat safety inspection and how to install the car seat. Call for an appointment. Car seat assistance available once a month.

Pregnancy Assistance Center
310 International Avenue Washington, MO
636 239-1840

LOVE BASKET

Pregnancy counseling and adoption
Local counselor: Sharon Bass, LPC
314 630-2446

www.lovebasket.org